

## **Youth Suicide: Awareness & Prevention**

Estimated time to complete: 30 minutes

### **Course Description**

The statistics on youth suicide are staggering: suicide has become the 3<sup>rd</sup> leading cause of death for adolescents, with rates that have increased over 300% since the 1950s. However, by learning the facts about youth suicide, knowing the warning signs, and being ready to take action to safeguard a student, any school staff member can help prevent a tragedy. The goal of SafeSchools' *Youth Suicide: Awareness & Prevention* course is to provide school professionals with information that will help them reduce the likelihood of suicide among students in their school. This course will also explain the important role school personnel can have in suicide prevention.

### **Common Themes**

- Understanding the scope of the problem of youth suicide
- Common risk factors related to youth suicide
- Successful strategies for youth suicide prevention
- The immediate steps a staff member should take if they encounter a student who is threatening suicide
- Best practices for intervention after a suicide (also known as "postvention")

### **Author**

Dr. Scott Poland is an internationally recognized expert on school psychology issues related to violence prevention and crisis response. Dr. Poland is the former President of the National Association of School Psychologists and serves as Chairman of its National Emergency Assistance Team. He also retired as the Director of Psychological Services for Cypress-Fairbanks Independent School District in Houston, Texas, and is now a staff member at Nova University in Florida, while continuing to consult internationally.

### **Online Training Environment**

*SafeSchools Training* is ideal for a blended learning environment, complementing in-service or video training, or as a stand-alone training program for your staff. The *SafeSchools Training* approach engages the learner in an e-learning environment that can be accessed 24/7 from any Web-enabled computer, while a Compliance Management System automatically tracks user progress and compliance. The *SafeSchools Training* system is proven to streamline the training process, saving your administration both time and money.

For a free evaluation, email [info@safeschools.com](mailto:info@safeschools.com) or call 1.800.434.0154.